



TALENT LEAGUE

AFL Victoria Coaches Forum

Who we are



TALENT LEAGUE



Where we've come from



**TALENT
LEAGUE**



Where we've come from



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What we do



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*“Unlocking people’s potential to
maximise their own performance”*

Sir John Whitmore



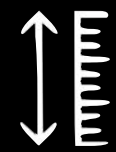
KEY COACHING PILLARS

Purposeful & Intentional Coaching

 **Coach**

'Purposeful Intentional Coaching'

Groundballs



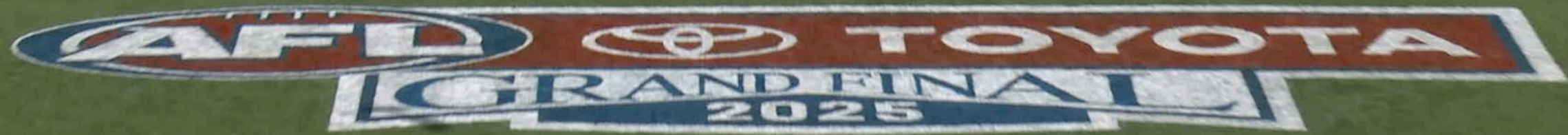
Height of the bounce



Speed of the ball

Q1 19:59

GEE 000 BL 000



KEY COACHING PILLARS

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Coaching

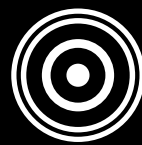
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**'Purposeful Intentional
Coaching'**

Junior Coaching



What's your purpose?



What does great look like?



What is success?



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KEY COACHING PILLARS

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High Challenge x High Support

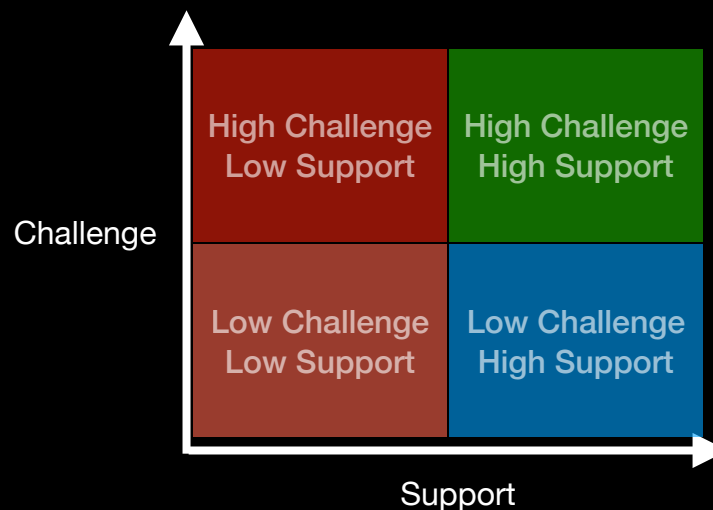


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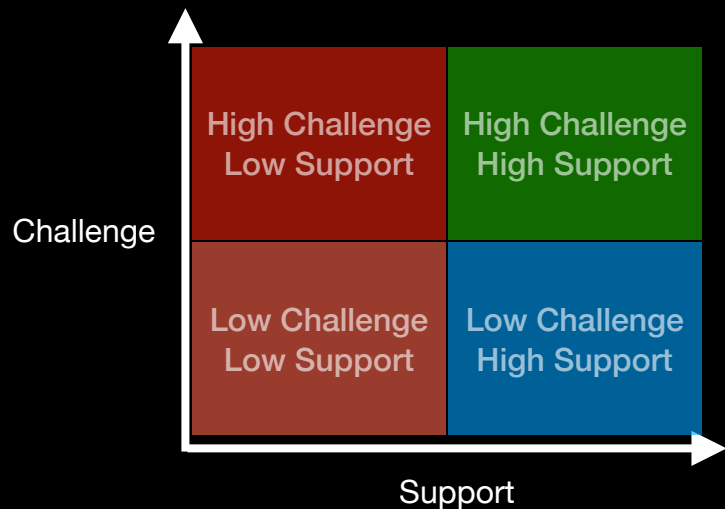


**'Purposeful Intentional
Coaching'**



KEY COACHING PILLARS

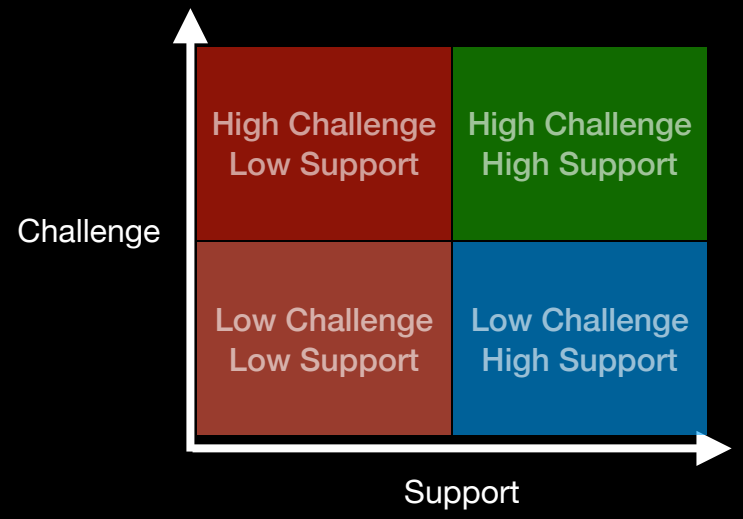
High Challenge x High Support



“Players only care about three things; does my coach care about me, can I trust them, and can they make me better”

KEY COACHING PILLARS

High Challenge x High Support



Junior Coaching



Little and often



Find their challenge point



Be okay with the mess!



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High Challenge x High Support

One Size Fits One

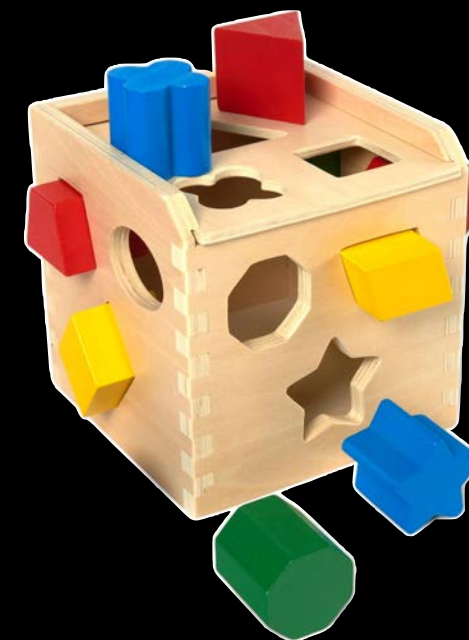
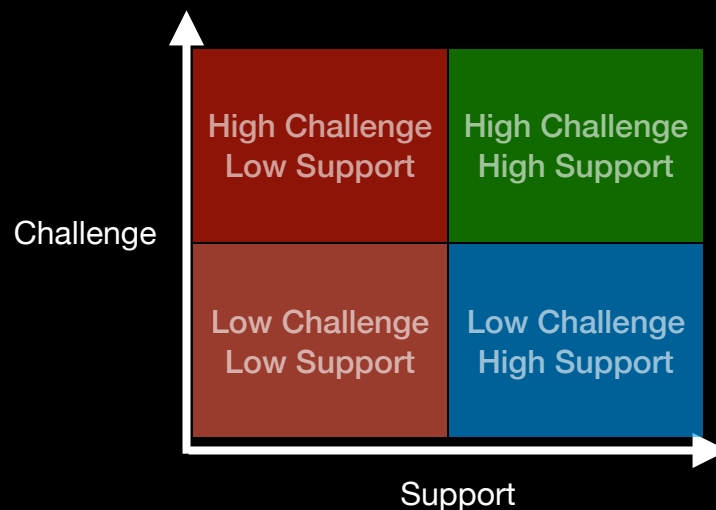


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KEY COACHING PILLARS



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One Size Fits One



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One Size Fits One

There was no such thing as an average pilot. If you've designed a cockpit to fit the average pilot, you've actually designed it to fit no one.

"It was clear to me that if you wanted to design something for an individual human being, the average was completely useless."

Lt. Gilbert S. Daniels



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ONE SIZE FITS ONE



“To discover and develop the potential in each of their students, teachers make a fundamental assumption that education should be tailored to individuals”

Adam Grant
Think Again

“Raising individual achievement in schools means engaging students as individuals and not prescribing a standard steeplechase for everyone to complete at the same time and in the same way”

Ken Robinson
Creative Schools



ROLE

Key Fwd

Med Fwd

High Fwd

Inside Mid

Outside Mid / Wing

Ruck

Key Back

Med Back

High Back

ROLE

Key Fwd

Aerial

Goal Kicking

Tackle / Pressure

Med Fwd

Ground Balls

Goal Kicking

Tackle / Pressure

High Fwd

Ground Balls

Handball

Kicking

Inside Mid

Stoppage

Handball

Kicking

Tackle / Pressure

Outside Mid / Wing

Kicking

Aerial

Ground Balls

Ruck

Ruck

Aerial

Handball

Key Back

Aerial

Kicking

Ground Balls

Med Back

Aerial

Ground Balls

Kicking

High Back

Ground Balls

Kicking

Tackle / Pressure

CONSTRAINTS

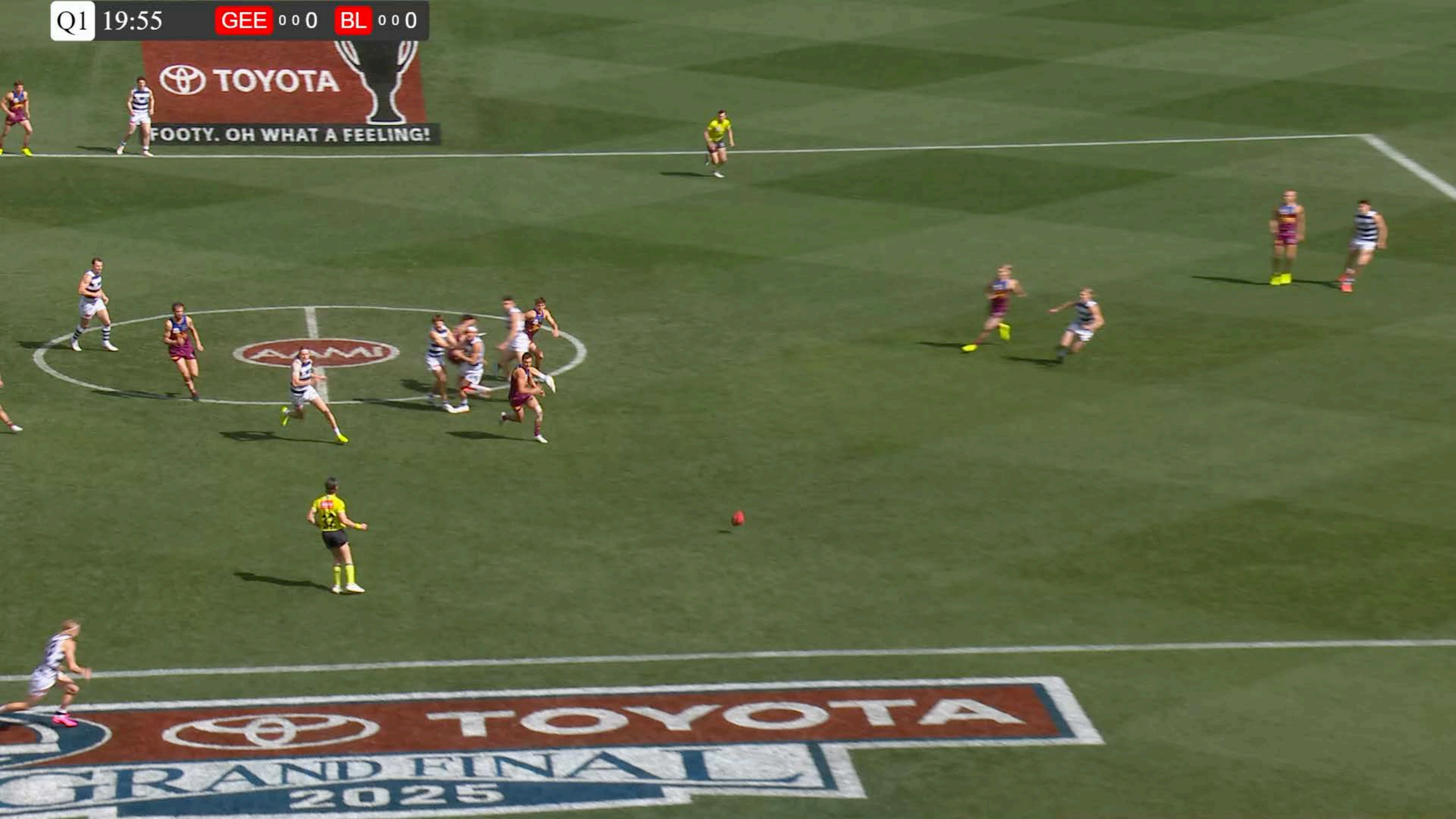
Outside Mid / Wing

Ground Balls

What is the game telling us?

Q1 19:55

GEE 000 BL 000



TOYOTA
FOOTY. OH WHAT A FEELING!

TOYOTA
GRAND FINAL
2025

KEY COACHING PILLARS

One Size Fits One



Junior Coaching



What's their why?



Variability is key



Cater to the range



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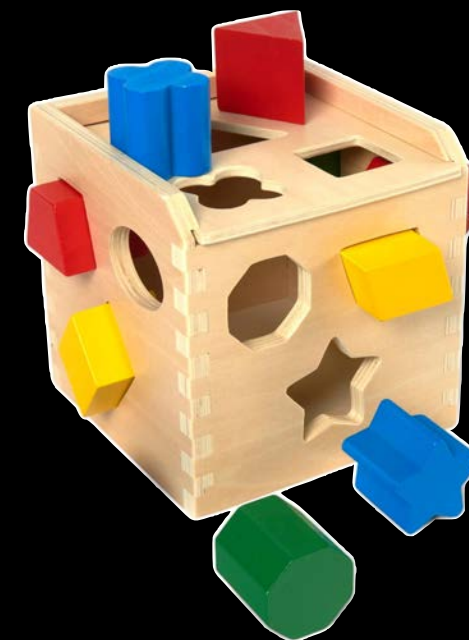
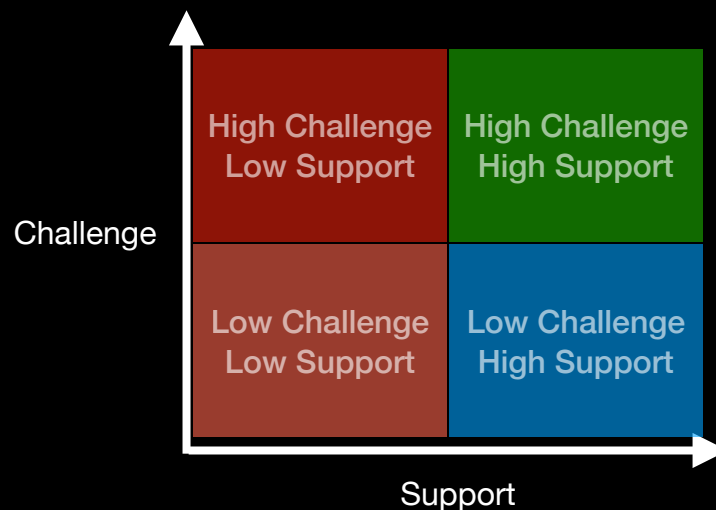


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VICTORIAN TALENT PATHWAYS

SAM MCKENZIE

