

## 2026 RULES SUMMARY - BJFL

|                                                                                              | Under 9                                      | Under 10                                     | Under 12                                     | Under 12                                     | Under 14                                     | Under 15                                     | Under 16                                     |
|----------------------------------------------------------------------------------------------|----------------------------------------------|----------------------------------------------|----------------------------------------------|----------------------------------------------|----------------------------------------------|----------------------------------------------|----------------------------------------------|
| Gender                                                                                       | Mixed                                        | Mixed                                        | Mixed                                        | Girls                                        | Mixed                                        | Girls                                        | Boys                                         |
| Ground Size<br>(Recommended)                                                                 | 85 x 65m<br>(100 x 80m max)                  | 85 x 65m<br>(100 x 80m max)                  | Full                                         | Full                                         | Full                                         | Full                                         | Full                                         |
| Game Time                                                                                    | 4 x 10 min                                   | 4 x 10 min                                   | 4 x 15 min                                   | 4 x 12 min                                   | 4 x 20 min                                   | 4 x 15 min                                   | 4 x 20 min                                   |
| Break Times                                                                                  | 3 / 3 / 3 mins                               | 3 / 3 / 3 mins                               | 5 / 5 / 5 mins                               | 5 / 5 / 5 mins                               | 5 / 5 / 5 mins                               | 5 / 5 / 5 mins                               | 5 / 5 / 5 mins                               |
| Ball Size                                                                                    | Size 2                                       | Size 2                                       | Size 3                                       | Size 3                                       | Size 4                                       | Size 4                                       | Size 5                                       |
| Ball Type                                                                                    | Synthetic                                    | Synthetic                                    | Synthetic                                    | Synthetic                                    | Synthetic<br>(14 Seniors Leather)            | Synthetic                                    | Full Leather                                 |
| Zones                                                                                        | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     |
| Players on Ground                                                                            | Max 12                                       | Max 12                                       | Min 14, Max 18                               | Min 11, Max 14                               | Min 14, Max 18                               | Min 14, Max 18                               | Min 14, Max 18                               |
| Max Player List                                                                              | 16                                           | 16                                           | 24                                           | 16                                           | 24                                           | 24                                           | 24                                           |
| Marking                                                                                      | Any distance, reasonable attempt             | Any distance, reasonable attempt             | 15m, direct catch                            | 10m, direct catch                            | 15m, direct catch                            | 10m, direct catch                            | 15m, direct catch                            |
| Tackling                                                                                     | <input type="checkbox"/>                     | (Wrap Tackle only, not to ground)            | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          |
| Bumping, pushing, chopping, barging, fending off, shepherding, smothering, stealing the ball | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          |
| Full Possession Rule (Ruck)                                                                  | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     |
| Bounces                                                                                      | 1 max                                        | 1 max                                        | Unlimited                                    | Unlimited                                    | Unlimited                                    | Unlimited                                    | Unlimited                                    |
| Kicking off Ground                                                                           | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          |
| Scoring                                                                                      | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          |
| Premiership Points                                                                           | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          |
| Ladders & Finals                                                                             | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          |
| Coach on Ground                                                                              | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     |
| Runner                                                                                       | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          |
| Boundary Rules                                                                               | Last Touch                                   | Last Touch                                   | Last touch / Ball up                         | Last touch / Ball up                         | Last touch / Ball up                         | Last touch / Ball up                         | Last touch / Throw In                        |
| Field Umpires                                                                                | 2 x Club Supplied                            | 2 x Club Supplied                            | 2 x Supplied                                 | 2 x Supplied                                 | BUA Supplied                                 | BUA Supplied                                 | BUA Supplied                                 |
| Boundary Umpires                                                                             | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input checked="" type="checkbox"/>          |
| Goal Umpires                                                                                 | Club Supplied                                | Club Supplied                                | Club Supplied                                | Club Supplied                                | Club Supplied                                | Club Supplied                                | Club Supplied                                |
| Penalty Distance                                                                             | Cool Off                                     | Cool Off                                     | 25m                                          | 25m                                          | 25m                                          | 25m                                          | 50m                                          |
| Blue Card                                                                                    | 5 Min Cool Off - can be replaced             | 5 Min Cool Off - can be replaced             | 5 Min Cool Off - can be replaced             | 5 Min Cool Off - can be replaced             | N/A                                          | N/A                                          | N/A                                          |
| Yellow Card                                                                                  | 15 min, not replaced                         | 15 min, not replaced                         | 15 min, not replaced                         | 15 min, not replaced                         | 15 min, not replaced                         | 15 min, not replaced                         | 15 min, not replaced                         |
| Red Card                                                                                     | Remainder of game, reported and not replaced | Remainder of game, reported and not replaced | Remainder of game, reported and not replaced | Remainder of game, reported and not replaced | Remainder of game, reported and not replaced | Remainder of game, reported and not replaced | Remainder of game, reported and not replaced |
| Most Discipline Club Award                                                                   | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          |
| League B&F                                                                                   | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input type="checkbox"/>                     | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          | <input checked="" type="checkbox"/>          |